



Membership Freeze Policy

The following conditions apply to membership freezes:

1. A maximum of 3 months of frozen membership is allowed in any 12-month period
2. A £5.00 administration charge is applicable to all frozen memberships with the exception of proven medical grounds or pregnancy.
3. Members that recognise that they will be requiring a window from payments in excess of 3 months will be subject to the usual cancellation terms (1 month written notice) after which they will be offered reactivation without further enrolment fees within 6 months.
4. The enrolment free reactivation period above will be extended to 12 months for proven medical reasons
5. Any freeze applied to Short Term or Annual Membership will be added to the end of the term of the membership.
6. A cancellation cannot be activated during a frozen membership period. Any notice of cancellation received during a freeze applied to the membership would only be applied on satisfactory settlement of the full membership fees for the months frozen and the one month notice of cancellation required in the terms of membership.

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